



Medication Therapy Management (MTM) Program

Do you need help managing your medications? Imperial Health Plan of California, Inc. (HMO) (HMO SNP) Medication Therapy Management (MTM) Program is here to support you. We'll work with you to ensure your medications are safe, effective, and fit your health needs.

Did You Know?

- Taking medications incorrectly or missing doses can lead to serious health problems.
- Medication errors are one of the leading causes of preventable complications.
- Proper medication management can improve your overall health and reduce hospital visits.

Why Join the MTM Program?

- Ensure your medications are safe and working as intended.
- Avoid harmful drug interactions and side effects.
- Learn how to take your medications correctly for the best results.
- Improve your quality of life by staying on track with your treatment plan.

How Do I Become Eligible?

You may qualify if:

- You are taking multiple prescription medications for chronic conditions.
- You have certain conditions such as diabetes, high blood pressure, heart disease, or asthma.
- Your yearly medication costs reach a certain amount.
- You are prescribed high-risk medications or have complex medication needs.
- You have been recently hospitalized due to medication-related issues.
- You may not meet these criteria but are still welcome to reach out and join the program.

How to Use the MTM Program and What's Included

You'll receive personalized support and guidance, including:

- A comprehensive review of all your medications with a Clinical Pharmacist.
- A medication action plan tailored to your health goals.
- Tips and tools for organizing and taking your medications properly.
- Help identifying and addressing potential medication side effects or interactions.



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- Ongoing follow-ups to adjust your medication plan as needed.

Not interested?

To opt-out of the MTM program, contact us directly at **(626) 788-0178** Monday–Friday, 8:30am to 5pm and ask to speak to a Pharmacy Technician, from our Population Health and Pharmacy Services Team.

How to join?

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Additional Resources

- **Medication Management Basics:** Learn more about safe medication practices at medlineplus.gov.
- **FDA Drug Safety:** Get important updates about medication safety from the FDA at fda.gov.

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