



IMPERIAL
HEALTH

How Papa Pals Can Help

If you need assistance with something outside Papa’s service scope, your health plan may offer another service or benefit that can help. We encourage you to give them a call—your Papa Pal can even help you do so!



Companionship

- Quality time
- Board games
- Share memories
- Enjoy a meal
- Go for a walk



House tasks

- Light surface cleaning
- Meal prep
- Organization
- Laundry
- Light gardening



Transportation

- Medical appointments
- Pharmacy
- Community centers
- Places of worship
- Errands



Tech help

- Set up new devices
- Learn new apps or features
- Help with social media



Pet help

- Take pets for a walk
- Play fetch or with toys
- Fill food and water



Exercise

- Attend classes
- Assist with light exercise
- Outdoor activities



Scan here for more details on the types of tasks Papa Pals can and can't help with

Questions?

Call 1 (833) 200-6924 (TTY:711), everyday, 8 a.m – 8 p.m local time.

* Papa is closed on Thanksgiving Day, Christmas Day, and New Year's Day.

